

Parental Permission &

Liability Waiver

Please enroll my son/daughter in the Mountain Ridge Basketball Camp. I fully understand that neither Mountain Ridge High School nor anyone associated with the Mountain Ridge Basketball Camp assumes any responsibility for injuries or accidents that may occur during the course of camp including any medical or dental expense associated with such injuries or accidents.

I also understand that any such accidents or injuries that may occur during camp shall be the responsibility of my individual insurance carrier.

I attest to the fact that the applicant listed in this application is in good mental and physical health, is covered by health insurance, and is able to participate in the intensity of a basketball camp. In the event of an injury or accident or illness to the applicant during camp, I authorize camp staff to summons proper medical care to the best of their individual judgment.

Parent/Guardian Signature:

Date: _____

MOUNTAIN RIDGE HIGH SCHOOL

BOYS/GIRLS BASKETBALL CAMP

June 12th – June 16th 2017

Boys/Girls-Mon-Fri

9:00AM-11:30AM

Cost: \$50.00

Open to all children
entering 3rd Grade thru
9th Grade Fall 2017

Air Conditioned Gyms

All Campers Receive a T-Shirt



Mountain Ridge High School
100 Dr. Nancy S. Grasmick Lane
Frostburg, MD 21532
Telephone: 301-687-3377
Fax: 301-689-8709

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Parent/Guardian: _____

Phone: _____

Shirt Size: YS YM YL AS AM AL
AXL

Grade in Fall 2017 _____

School: _____

Insurance Company: _____

Policy #: _____

Emergency Contact: _____

Phone: _____

Make Check Payable To:

Mountain Ridge Basketball

Mail Application and Fee To:

Mountain Ridge High School

100 Dr. Nancy S Grasmick Lane

Frostburg, MD 21532

Walk-ins are welcome

Questions: Call 301-268-5331

All Campers should wear appropriate basketball attire including shorts, shirt, and shoes suitable for gym use. Camp will begin at 9:00 AM and end at 11:30 AM each day. Campers should arrive at the school at least 15 minutes prior to starting time.

At the Mountain Ridge Basketball Camp, campers will receive basketball instruction including team and individual fundamentals that will assist campers in improving their overall game.

A complete overview of all the major fundamental areas of basketball including:

- | | |
|----------------|-------------|
| Ball handling | Shooting |
| Passing | Defense |
| Rebounding | Footwork |
| 1 v 1 Moves | 3 v 3 Games |
| 5 v 5 Concepts | Teamwork |

Awards ceremonies will be held on Friday at which time each camper will receive a t-shirt and contest winners will be recognized.