

## Mountain Ridge High School Cross Country 2018

Date	Day	Meet	H/A	Time
1-Sep	Saturday	Interstate Classic	Clear Spring HS	8:00 AM
8-Sep	Saturday	Forest Festival Invitational	Davis & Elkins College	TBA
11-Sep	Tuesday	Mountain Ridge Invitational	Glendening Park	4:00 PM
18-Sep	Tuesday	Broadford Invitational	Broadford Lake Park	4:00 PM
25-Sep	Tuesday	Progressive Therapy Invitational	Allegany College	4:00 PM
4-Oct	Thursday	AMAC Championships	Hampshire	4:00 PM
6-Oct	Saturday	Buffalo Wild Wings	Hampshire HS	9:00 AM
10-Oct	Tuesday	College Night	NO MEET	
11-Oct	Thursday	Allegany County Championships	Fort Hill	4:00 PM
13-Oct	Saturday	Frank Keyser Invitational	Boonsboro HS	TBA
24-Oct	Wednesday	Husky Pride Classic	Northern Garrett HS	TBA
2-Nov	Thursday	1A West Region Championships	Allegany College	3:00